



hands in motion

AMERICAN MASSAGE THERAPY ASSOCIATION UTAH CHAPTER

president's message



"You've got to
jump off cliffs
all the time and
build your wings on
the way down."
—Ray Bradbury

I would like to focus this message on VOLUNTEERING as an OPPORTUNITY. Besides being very rewarding, you receive support from your peers, people who know and understand what we do as massage therapists. Working with this chapter you would be a part of the team who brings us continuing education, support of our profession, and up to date information.

- **What is YOUR passion?**
Share your passion and talents with others and make new friends
- **Want YOUR voice heard?**
Spend a few hours a month with us
- **Do you CARE about the massage profession?**
Get involved, your chapter needs you

The volunteer opportunities we have right now are:

Commission on Candidacy
Elections Chair
Education Chair
Convention Chair

In order to serve our members we need to be at full capacity. It's like a car with three wheels: it's not going to get you very far. If you are afraid, don't be, because I know in our previous lives (before massage) we did something else and maybe that would prove to be useful. I will help and support you any way I can. Feel free to contact me at rryther@comcast.net.

I would also like to give a shout out to Jennifer Hanna, 1st VP who is stepping up and temporarily filling in as Education Chair. I just want to say how much I appreciate the team we have.

Thank you so so much,

Robyn Ryther

The mission of the Utah Chapter of the American Massage Therapy Association is to advance the art and science of massage therapy as a visible means of treatment and preventative practice; and to foster the professional practice of massage therapy in a virtuous, prudent, and proficient manner so as to maintain the good health and well-being of the citizens of Utah



get involved: run for an AMTA elected position

Serve your profession by running for an AMTA elected office on the National Board of Directors or the Commission on Candidacy!

AMTA is a leader in advancing the massage therapy profession, and we're led by volunteers elected by our membership.

Application Process

- Review the position criteria. Candidate applications will be available on July 1 and must be completed by Sept. 1.
- Take the following online courses (log-in required): About Non-Profit Associations, Responsibilities and Communications throughout AMTA and Risk Management for Associations.
- Once the courses are completed, fill out the online application packet.
- Once the Commission on Candidacy determines that you meet the position requirements, your candidate profile will be added to AMTA's Election page.
- As a candidate, you can choose to begin using social media.

If you're interested in serving, contact Colleen Leeders, AMTA staff liaison to the Commission on Candidacy.

side-lying pregnancy class

Come learn Side Lying Prenatal Massage techniques and massage skills to help your parental clients from conception to birth. The purpose of this class is not to provide a certification level of expertise but rather a way for LMT's to feel very comfortable offering prenatal services after attending.

When:

- Friday, August 15th, 9:00 AM - 5:00 PM
- 1 Hour for Lunch
- Saturday, August 16th, 9:00 AM - 4:00 PM
- 1 Hour for Lunch

Where:

- Broadview University
- 7800 South Redwood Rd
- West Jordan, UT 84088

Cost:

- Student: \$100
- Member: \$150
- Non-Member: \$200

What you need to know:

- Please bring lotion, sheets and towels for massage trade with other students
- There are tables on site to accommodate the class, so you can leave your table in your car or at home
- Please bring 6-8 pillows for bolsting and client positioning
- Bring a stuffed animal for practicing infant techniques on Day 2 (Saturday, Aug 16th)

CEUs

- No NCBTMB Credit
- Certificate of Completion from Utah Chapter (Recognized by AMTA for Membership Requirements)

Instructor:

Megan is a graduate of UCMT in 1993 and began working at a five star resort in Phoenix AZ right after graduation. She spent 15 years in the spa industry and also began teaching for UCMT in 2000. She had the opportunity to work with hundreds of pregnant women in the spa industry because many of the therapists didn't feel comfortable working side lying technique so this became her niche very quickly in the field of body work. Megan also worked for Primary Children's Hospital as a Unit Clerk for years before Massage School and was immediately drawn to working with infants. She received her Certification in Infant Massage in 1998.

After moving back to Utah in 2005, Megan decided to specialize in Prenatal Massage and currently teaches Pregnancy Massage at Broadview University. She also teaches Infant Massage classes to new parents and in 2013 became a Birth Doula. Through her business; Healing Birth Utah, she is able to combine all of her loves: Massage, education and empowering women through birth.

To register, go to www.amtautah.org

utah county bodywork connections

The Utah County Bodywork

Connections Group will be hosting a potluck dinner for massage therapists and their spouse or guest on Saturday, October 18, 2014, at 5646 West 11270 North, Highland, Utah. Please RSVP to Brenda Swadley at (801) 763-9417 by Wednesday, October 15, if you plan to attend. All Utah County massage therapists are welcome as well as anyone interested in starting a networking group of massage therapists in their area.

membership chair update and outlook

Hi All: I announced at the state convention in February 2014 my retirement plans. I can't believe that six months have gone by already and we are in the waning days of summer. As I said I would remain as the membership chair and newsletter coordinator. Here is the membership report as of July 1, 2014.

828 Members

508 Professional Active
112 Graduates
182 Students
25 Professional Inactive
1 Professional Retired

10 New Members

8 Graduates
6 Professional

4 Transfers

Professional Active

We are maintaining the chapter membership to 800, but there were 36 non renewals this month. I contact the non renewals to remind them of the importance of professional membership but the chapter is concerned when the numbers show we lose more members that we recruit. The AMTA National office offers the Refer a Friend program to AMTA members to help recruit new members and earn a \$20 Visa gift card at the same time. If you work with a therapist who is not a member, talk with them and explain all the benefits. There are no limits to the amount of gift cards you can earn and only takes a referral. Call 877.905.2700 or amtamassage.org/referafriend for more information. I sincerely hope your summer as been a great and prosperous one. It is my hope your massage career continues with the AMTA and your outlook is as beautiful as this one from my driveway.

*Carolyn Redington, LMT
Membership Chair*

AMTA benefits you may not know about.

Did you know....

You can download your professional liability (mal practice) insurance certificate on-line. Sign into the AMTA website, amtamassage.org. Put your cursor over your name in the upper right hand corner, and a menu will pop up. One of the choices will be to download your insurance certificate. If you are working for someone and they require to be listed as additionally insured, you simply have to call AMTA, 877-905-2700, and ask for the insurance department. There is no cost to have your landlord, or another business added to your certificate.

AMTA has partnered with SOAP Vault to offer deep discounts for electronic SOAP note charting. SOAP Vault is a Canadian company. With SOAP Vault, you can send an intake form to your clients electronically. Once they complete the form and submit it, it goes directly into your database which is held in the cloud. When your client comes into see you, you can add your SOAP notes to the client. Once you finalize the SOAP note, the client can have access to their record on-line thus eliminating the need for you to make copies when needed. The regular price is \$19 per month. AMTA members get it for \$14.25 per month. You can register for a 30 day trial at soapvault.com.

welcome new members

On behalf of the Board of Directors, welcome to the Utah Chapter of the AMTA. Feel free to contact any Board Member if you have any questions or concerns regarding your membership.

In your welcome packet, you will find helpful information regarding your membership and the Chapter. Use your gift certificate toward any upcoming education class.

Happy to have you aboard.

Carolyn Redington, Membership Chair.
801-661-7602. bodybasics2@msn.com

February 2014

Melissa Bullock
Nicole Cook
Elizabeth Dean
Brandon Pledger
Rachel Tyler
Deborah Wilson

March 2014

Irene Albor
Avette Allen
Amber Anderson
Lindsey Anderson
Meisha Ard
Bradley Bagby
Guy Brady
Laura Burnham
Jessica Bytendorp
Ian Cacciatore
Crystal Caley
Jessica Caron
Yanhua Chen
Kellen Cox
Miranda Crimer
Raphael Cruz
Martin Dominguez
Ana Estrada
Nickci Evans
Jessica Gaumond
Limbi Gomez
Allie Gough
Benjamin Hale
Taylor Haun
Char Herget
Maria Hernandez
Samantha Houston
Jasmine Hoyes
Heidi Hunsaker
Bridgett Johnson
Vladislav Kovtonyuk
Kelli Langdon
Dustin Larkin
Rebecca LeBlanc
Davin MacDonald
Jasmin Madlock
Ashley Marriott
Aaron Maughan

Martina McBride
Katelyn McCann
Erin McDonald
Casey McEwan
Jilane Mee
Desiree Minton
Christopher
Morusich

Sariah Nichols
Kassie Pence
Gloria Pineda
Emma Raynor
Kaylee Rice
Taylor Rindlisbacher
Ami Rossetti
Donald Rosvall
Nathan Seare
Melissa Siles
Ashley Simpson
Aaron Smith
Ruel StClair
Mia Stone
Ben Taylor
Macee Thompson
Heidi Thorne
Krista Vanderpool
Patricia
Worthington

April 2014

Bryon Bischoff
Heather Carlson
Catherine Castillo
Emily Flack
Mandelyn Gordon
Tanisha Hansen
Holley Hoskins
Kelsey Kunz
Richard Latimer
Vanessa Lawson
Jose Lizarraga
Elizabeth Pedroza
Maria Schwartz
Kristi Schwerin
Sara Stockton
Leslie Zaragoza

May 2014

Ali Bodily
Jennifer Carrisoza
Alex Gavic
Lynette Taylor
Tara Wion

June 2014

Eric Ahonen
Rachel Boucher
Kristy Browning
Jordan Bush
Cassie Cates
Kimberley Christie
Tyler Cleveland
Dylan Colson
Flora Cordes
Cera Evans
Menalnie Fernelius
Nicholas Findlay
Misty Green
Brandi Hickmott
Will Howard
Joanna Hudspeth
Kerrie Jannelle
Johnathan Johnson
Kaylin Kish
Corbin McPhee
Kristin Metz
MaryEllen Monroe
Jean Moss
Logan Mumford
Katrina Nicoll
Terrilynne Pomeroy
Kaziah Rickers
Natalie Rivas
Jorge Rumbos
Karen Stevens
Rex Stratton
Aunalisa Thorpe
Belinda Tinoco
Dietrich VanHorn
Edward Wait
Cassandre Wight
Trista Winder

american massage therapy association utah chapter leadership roster

July, 2014

board of directors

President

801-209-4103

Imm. Past President

801-916-8752

1st Vice President

801-573-7382

2nd Vice President

3rd Vice President

801-763-9417

Treasurer

Secretary

801-560-7370

Robyn Ryther

rryther@comcast.net

Roger Olbrot

rmolbrot@usa.net

Jennifer Hanna

jpzenergy@yahoo.com

Vacant

Brenda Swadley

master_touch_message@hotmail.com

Vacant

Kirk Jorgensen

kirk_jorgensen@yahoo.com

elected delegates

2013-2014

801-566-1422

2014-2015

801-763-9417

Alternate 2014

801-485-7887

Stephanie Jackson

stephjackson@hushmail.com

Brenda Swadley

master_touch_message@hotmail.com

Susan DeLegge

suz7782@gmail.com

2014 chapter meritorious award winner

Carolyn Redington

appointed positions

Awards Chair

801-763-9417

Commission on Candidacy

Convention Chair

Education Chair

Finance Chair

801-763-9417

Gov't Relations Chair

801-560-7370

Member At Large

801-589-7291

Membership Chair

801-661-7602

Newsletter Editor

801-661-7602

Office Assistant

801-661-7602

Parliamentarian

801-589-7291

Sports Massage Team

801-573-7382

Standing Rules Chair

801-485-7887

Student Outreach Coord.

801-870-8229

Website Coordinator

801-560-7370

Brenda Swadley

master_touch_message@hotmail.com

Determined Prior To Elections

Vacant

Vacant

Brenda Swadley

master_touch_message@hotmail.com

Kirk Jorgensen

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Ivan Thompson

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Carolyn Redington

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Carolyn Redington

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s.delegge@comcast.net

Lisa Moen

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kirk_jorgensen@yahoo.com