



# Hands in Motion

A Publication of the AMERICAN MASSAGE THERAPY ASSOCIATION of UTAH

## SPECIAL ISSUE

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## PRESIDENT'S MESSAGE - by Ron Findlay

Every once in awhile we at the Utah Chapter of the American Massage Therapy Association offer a special edition of our newsletter to more than our normal membership. I want you to know that I am privileged to be involved in a profession that is honorable, helpful and very self-fulfilling. I feel good doing massage therapy. I also feel an obligation to be a contributor to my profession.

Occasionally I overhear massage therapists or students of massage therapy asking the question, "why should I join a professional organization?" Mostly, the response is that you need insurance and, yes, liability insurance is very important.

Well let me offer to you what this professional association has to offer other than 6 million dollars worth of liability insurance.

When I joined the AMTA I became very aware of the importance in being involved in the profession you have chosen. In my experience as a massage therapist, I have been overwhelmed at how many massage therapists could care less about what is going on in the profession. I have been involved with the Law and Legislative part of AMTA for many years here in Utah, and I will tell you that the profession of massage therapy would be very different without the help of AMTA and the people we associate with on that level. We have basically rewritten our state law. We have countless times fought and won battles over legislation trying to change the way we practice massage therapy as we know it. We have time and time again overseen and protected this profession. I am proud to be a part of that...*(Continued on Page 2)*

## AMTA National Convention - Richmond Virginia

The AMTA is having their National Convention in Richmond Virginia. Richmond is a gorgeous city filled with this country's rich history. From founding fathers' homes to historic civil war battlefields, Richmond has a lot of sites to see. Please come and join us for this year's convention. Set the dates aside, and prepare now! If you have never attended a National Convention, this is a wonderful time to meet colleagues from all across the country. The classes and presenters are of the highest quality, and it is a wonderful time. We hope you will come and share in the camaraderie and education. Look for more information coming soon!

### AMTA 2003 National Convention

October 22 - 26, 2003

Richmond Marriott

500 E. Broad Street

Richmond, VA

Registration Contact: 847.864.0123, ext. 143

Exhibitor Contact: 847.864.0123, ext. 113

## CONTINUING EDUCATION

### Touch for Health I

**Instructor:** Marge Bowen  
**Location:** Salt Lake City  
**Date:** April 25 - 26, 2003  
**Cost:** \$250.00

This class will cover pain techniques, muscle testing, muscle and energy balancing. The cost is for two days of training that result in 16 hours of Category A continuing education.

For more information on this class and for other Kinesiology classes please contact Marge Bowen at 801-913-6060

## Presidents Message - Continued

I am proud to know the other massage therapists who have been a part of AMTA and given their time so that each and every one of you can have your individual right as a massage therapist protected. I only wish that there were other massage organizations that did the same. I know because I have personally tried to recruit help from them in times of necessity, to no avail. I write this because I want you to understand what it is we do in this organization. Sometimes I become offended when I hear therapists say that AMTA only costs more than the other organizations, and they don't do anything different. Yes, AMTA does cost a bit more for membership, but I guarantee you this: we offer so much more. Continuing education, both locally and nationally, including state and national conventions. AMTA has a foundation where they offer grants for research. We currently have a tremendous amount of time and energy supporting research for massage therapy; helping to keep massage at the forefront. We have a MERT (Massage Emergency Response Team) of massage therapists who volunteer when disaster occurs, offering massage therapy services to rescuers at disaster sites. We also offer scholarships to students working to become massage professionals. We are close to 50,000 members strong nationwide and growing.

Here in the Utah Chapter we are always looking to find people who are interested in playing a bigger part in their profession. If you are interested, if you have issues you would like to have addressed, or if you just want to know what exactly goes on behind the scenes of the world of massage therapy in Utah, I ask you to contact us, join us, come help us take this profession to a higher level. At any rate, please, be involved in the profession.

Have a wonderful season. We hope to see you soon.

Ron Findlay

## AMTA Utah Chapter Website Now Available

*Come visit us online...*

[www.messageutah.org](http://www.messageutah.org)

### AMTA UTAH STATE CONVENTION REGISTRATION FORM

#### REGISTRATION FEES

Send registration form and check to:

**Brenda Swadley**  
5646 west 11270 North  
Highland, Utah 84003

- |                          |                          |                                     |
|--------------------------|--------------------------|-------------------------------------|
| <input type="checkbox"/> | <b>AMTA Member</b>       | <b>\$50.00</b> - Lunch Included     |
| <input type="checkbox"/> | <b>Non-AMTA Member</b>   | <b>\$60.00</b> - Lunch Included     |
| <input type="checkbox"/> | <b>Ethics Class Only</b> | <b>\$10.00</b> - Lunch NOT included |

Name \_\_\_\_\_

Address \_\_\_\_\_

City / State / Zip \_\_\_\_\_

Phone \_\_\_\_\_

\* **Massage School** \_\_\_\_\_

*If you are currently a massage therapy student please list the name of the school you are attending*

# AMTA UTAH STATE CONVENTION

Saturday March 22, 2003

Shilo Inn Hotel

206 South West Temple

Salt Lake City, Utah 84101

## Event Schedule

**Registration - 8:30 am - 9:00 am**

**Morning Sessions 9:00 am- 12:00 pm**

### Dealing with Back Pain

This session is specifically related to dealing with many of the problems associated with back pain and is presented by Roger Whiting. Roger has been a massage therapist for more than 25 years and has had many requests to repeat this presentation. He is pleased to offer it again at this year's state convention.

### Herbology

Merry Harrison, a clinical herbalist, master herbologist, teacher, author and the owner of Millcreek Herbs, presents this session on herbology. She has studied ethnobotany at the BACA Institute of Ethnobotany. She has also studied essential oils at Purdue University.

**Lunch & Elections - 12:00 pm - 1:30 pm**

\*CD Swap; Remember to bring your old compact discs with you to trade over the lunch break. Trading your gently used massage music with other therapists is a good way to add some variety to your current massage atmosphere.

**Afternoon Session - 1:30 pm - 4:30 pm**

### Ethics

Duke Cassell has been a nationally certified massage therapist since 1997, and has worked with the NCTMB on both writing the exam and creating the NCTMB review guide. This course is a requirement for all nationally certified practitioners

## Registration Fees

\*Registration form available on page two.

**AMTA Members** \$50.00 Lunch included

**Non-Members** \$60.00 Lunch included

**Ethics Class Only** \$10.00 Lunch *not* included

\*Afternoon ethics class is free of charge for those attending the morning education session.

## FOR SALE

Comfort Craft 800 Power Massage Table.  
Goes up and down - bends in the middle.

Save your back. Serve more clients.

**Includes instructional video.**

\$2500 purchase price

(More than half can be rebated on taxes.)

Contact Don Trottier for details.

**Phone:** 801-540-4319

**Email:** trottier@konnections.net



Comfort Craft 800 Power Massage Table

## AMTA UTAH CHAPTER BOARD

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# WIND WALKER RETREAT

June 27-29th, 2003

**\*AMTA Members and Non AMTA Members alike\***

Come and join the AMTA-Utah Chapter for a fantastic retreat. We will be traveling to scenic Spring City, Utah where lies the famous Wind Walker Ranch. Here we will enjoy massage trading, hiking, biking, campfires, home cooked meals, meditation, and there will even be a sweatlodge for those interested. Saturday evening we will be teaching a free, yes I said free, class on body scrubs and salt glows. This will be a 'moonlight' class and the Utah Chapter will provide all of the salts and scrubs free of charge. Because we are offering education at this event, your retreat is tax-deductible. The cost depends on the accommodations. Your choices range from nice hotel-type rooms, to a Teepee (incredible), or just a camp-site for you to pitch a tent if you like. Cost of the retreat includes five home cooked meals and all snacks.

- \$278.00 Single occupancy room
- \$190.00 Double occupancy
- \$172.00 Triple occupancy
- \$164.00 Four to a room
- \$154.00 Five to a room
- \$146.00 Six to a room
- \$178.00 Teepee Rental
- \$148.00 Camp site (for your tent)

Above prices are for the Friday - Sunday stay and do not include extras such as horseback riding or

There will also be a sweatlodge offered free of charge; however, traditionally an offering is made to the ceremonial leader.

## **Please RSVP ASAP**

There is a \$50.00 non-refundable charge to hold your spot. Please reserve your spot before May 16, 2003

For Information Call Dave Hunter at 801-467-9350 or email at [healinghands4u@msn.com](mailto:healinghands4u@msn.com)

Or send deposit to Brenda Swadley at 801-763-9417

5646 West 11270 North, Highland, UT 84003

For photos and info check out the Windwalker website at [www.windwalker.org](http://www.windwalker.org)

## **WHAT TO BRING**

Massage tables, linens, oils (remember this is a massage retreat) extra footwear for hiking, mountain bikes, and your swim suit for the pool and jacuzzi.

AMTA - Utah Chapter  
314 West • Center Street #91  
Salt Lake City, Utah 84010

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