



Hands in Motion

A Publication of the AMERICAN MASSAGE THERAPY ASSOCIATION of UTAH



The Millennium has started off with a bang for our Chapter! In January we had the Annual State Convention, "Massage In The New Millennium," which saw over 61 attendees. The weather and location were exceptional, and the exuberance that abounded was exciting. A hearty thank go to our hosts, Sensory Development Institute and Green Valley Spa. A very special thank you goes to Carole and Alan Coombs, owners of the Green Valley Spa, for the donation of the facility for the day and a half convention and for the lovely reception buffet and southern Utah hospitality.

A huge thank you goes out to Michael McArdle's Convention Committee both the Northern Utah contingent and the Southern Utah contingent for making everything happen and the State Convention 2000 a tremendous success.

Two continuing education tracks were offered at the Convention: the Spa track featured Water Therapies, Mud treatment, and Aroma/Color Therapies. The Medical Track gave us an overview of National Certification, and Ethics with Duke Cassell, Director of Myotherapy Collège. Ruth Warner, an experienced therapist, author, and instructor was so appreciated by those attending her Skin Pathology and SOAP notes classes. The mix of attendees between the two tracks was indicative of the overall massage therapy population.

The talented Sensory Development Institute team instructed the Spa classes. Many thanks to Pam Sheffield, Scott Moore, Jesse Judson-Graham, Scott Symond, and Laura Wright for invigorating our minds and spirits with their knowledge and expertise (especially in the heated indoor pool).

Our legislative efforts on the State Capitol Hill this year were tremendously fruitful. We saw the collaboration of the Utah Committee of Bodywork Schools (UCBS) along with the unanimous approval of the State Massage Board and support of the State Department of Licensing (DOPL) in passing legislation that will promote the continued professionalism of massage therapy. We had some "negotiating" to do, but in the end we all came out winners. A special thanks go to our Law and Legislative Team, Ron Findlay (1st Vice President), Eric Stakebake, Debbie Stringfellow, and Ray Pippen. Chris Rebstock headed up the seated massage sessions on Capitol Hill (as seen in the daily newspapers) with volunteer massage therapists. 117 massages were given to interested legislators and the staff. ALL of the massage therapists in this state can be proud of the volunteer efforts of colleagues to keep our profession in front of the powers that be and influence our licensing. Lloyd Selleneit, our Lobbyist, also receives our thanks for his very active and alert efforts on our behalf on the Hill.

The energy level in the Chapter is building and at convention time we were getting close to 700 members. Our goal is 1500 members by 2001. The Area Captains will be a big part of that success (see election info and Joan Mower's report). The other part of that success is if each of our members commits to recruiting five new members that will be an average of 70 new members a month and an increase presence of our professional status and stamina in the market place.

We all have a lot of work to do, so when a member calls and asks for your help, please remember the person on the other end of the line is working for YOU, so do YOUR fair share!!

Yours in service,

Elaine W. Williams, President
AMTA - Utah Chapter



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- NMT-7 VISCERAL MASSAGE & STRUCTURAL BALANCING

This course teaches each participant the interrelationship between form (anatomy) and function (physiology) and how the forces of tilt, rotation, flexion, extension and projection exert their force on organs which alters their position in the body as how they perform vital life-sustaining functions.

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Dr. St. John believes that health lies in treating the whole person and has dedicated his lifetime to restoring the structural homeostasis of the musculoskeletal system.

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HOSPICE MESSAGE CLASS

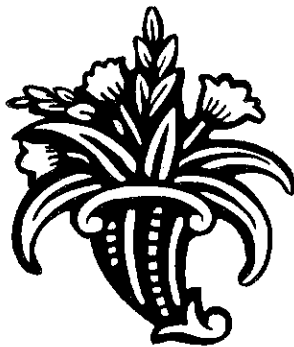
date: Saturday, April 29th

9:00-
time: 10:00 a.m. to
4:00 p.m.

location:
McKay- Dee Hospital
3939 S. Harrison Road
Ogden, UT

This class has been requested frequently in the past to help massage therapists assist those who are terminally ill and their loved ones. Therapists will walk away with a better understanding of the transition process:

- A. What Hospice is
- B. Disease process/Dying Process
- C. Family Issues
- D. Bereavement



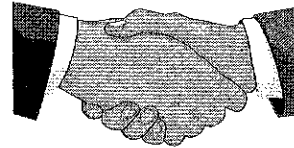
RESERVE YOUR SPACE IN THIS CLASS AND
YOUR LUNCHEON ORDER BY CALLING:

SHANE SALE 202-6001

OR

CAROLYN ROWSE 397-0633

[members \$40, non-members \$50, students \$25]



AREA CAPTAINS

Hello, My name is Joan Mower.

I have been a member of AMTA
for four years. In the past, I was

not active with the chapter. I

just paid my dues. This last

year I have been very

impressed with what AMTA has

done for me.

I am now the Public Relations
Chair for Salt Lake City AMTA,

and I am having a great time.

It is a way to meet other therapists

and to learn from them.

We are starting a group called

AREA CAPTAINS.

If you would like to get pro-active

with AMTA this is a great way to

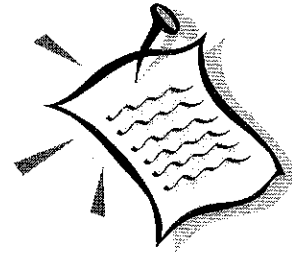
start. Please give me a call at:

801-225-8211

or

contact me at:

jmower@efrotress.com



ELECTION RESULTS

The membership meeting at the State Convention in January elected new officers and voted favorably on several proposals introduced. The highlights include:

Action Items:

The Chapter membership fee will increase from \$10 annually to \$30 annually beginning 2001.

"Dollar per member drive" for the AMTA National Foundation for Massage Research.
A check for \$671 dollars will be sent to AMTA National as a reflection of our membership's commitment to this endeavor.

A Southern Unit of the Utah Chapter was established to meet the needs of members of the region. Shaun Petty will be the liaison from the Southern Unit and report directly to the Board of Directors.

New Officers:

Elaine Williams, President

Ron Findlay, 1st Vice President

Michael McArdle, 2nd Vice President

Shaun Petty, Delegate Elect

Carolyn Rowse, Delegate Alternate

CONGRATULATIONS

to our newly elected leadership as well as area captains and support staff.

A resounding THANK YOU goes out to our past leadership of Debra Adams and Marsha Noorlander for an outstanding job in supporting the chapter with their energy, leadership, and love of massage.

P.S.

Susan Duffield is currently our "acting" secretary as a replacement for Marsha Noorlander, The Chapter Secretary Office will be open for election at our April 29th meeting.

AMTA - UTAH CHAPTER CONTINUING ED CLASSES FOR 2000

Please make a note on your calendar of these upcoming membership meetings and class offerings:

SATURDAY APRIL 29 HOSPICE MASSAGE

SATURDAY JULY 22 ENERGETIC
ESSENTIALS

SATURDAY OCTOBER 7 ST. GEORGE
MARATHON

SATURDAY OCTOBER 14 STONE THERAPY

SATURDAY OCTOBER 28 ANNUAL
MEMBERSHIP CELEBRATION (LUAU)
*this event location and cost will be announced
in the summer quarter newsletter

FOUR CONTINUING EDUCATION CREDITS
ARE AWARDED FOR EACH OF THE CLASS
OFFERINGS FOR A COST OF:

\$40 AMTA MEMBERS

\$50 NON MEMBERS

\$25 STUDENTS

[cost includes general meeting, lunch, class]

VOLUNTEER LEADERS SEMINAR

"How to Plan A Project"

Want to get involved with AMTA or other community groups, but not quite sure how to put together a timeline, budget, or committee????

This seminar offered by Elaine Williams will give you the ground rules and the foundation for planning a successful meeting, team, and project.

This is a free seminar for AMTA members [a \$10 fee for non-members]

date: Saturday, May 13th

time: 9:00 a.m. to Noon

location:

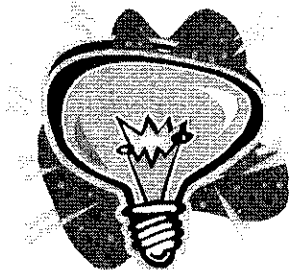
Living Solutions Center
8th South
Payson, UT

Please RSVP by May 1st

for more information contact:

Elaine Williams at:

801-465-1792



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809-6958 or 293-9619

V.P. REPORT

Well, it has been a whirlwind since January 2000. If assisting with the State Convention was not enough, to make my life more enjoyable, I was voted in as 2nd Vice President. I will be responsible for Public Relations and Membership chairs. Currently, the PR Chair is held by a powerful woman named Joan Mower. Joan has done a fantastic job and she is getting her feet wet by creating Area Captains. Don't be surprised if you receive a call from Joan to discuss volunteer opportunities. Volunteering as an Area Captain will allow you the pleasure of serving fellow massage therapists and yourself.

For the past year Marge Bowen has held the Membership Chair. Marge has done such a tremendous job, we are looking forward to working with her another term. I believe Marge is definitely the right person to handle the increase in membership (projected 1500 members by the end of the year). In addition, Marge is working to create exciting welcome packets and new and innovative support systems for the members.

As Vice President I will oversee the Corporate Sponsorship Committee. The committee has been formed to move the AMTA into the 21st century. We will be looking for ways to bring the chapter to a new level of professionalism. Currently, we are looking for a Chair Person with prior fund raising experience, excellent organizational skills and he/she must be able to communicate the mission of the AMTA to political corporate sponsors. If this sounds of interest

to you, please call or e-mail me at (801) 463-1896 or

Transsage@hotmail.com. Thank you in advance.

Michael McArdle

SB 132 IMPACT ON THE PUBLIC AND MASSAGE THERAPISTS

The Utah Chapter of the American Massage Therapy Association's goal is to be a proactive as well as be a responsive organization to the concerns of the profession, the legislators and the public. The bill (SB132) intent is to protect the public, clarify language and upgrade the profession's image.

There is very little impact on practicing massage therapists. The following are the high lights, rationale and impact of the proposed changes:

- There is a clarification and readability, of definitions
- Instituted a criminal background check for all new applicants. It does not require checks for current license holders. It prevents each city and county from doing additional or redundant background checks
- Eliminates exemptions that no longer apply.
- In the unlawful conduct section the words, "by a licensee in the course of practicing or engaging in massage therapy to", were added to the section prohibiting the touching of the genitals, anus or breasts of a female. This eliminates the interpretation that therapists when even away from the office on personal time, and becomes intimate with a partner, could be guilty of a class A misdemeanor. The inference is that if one becomes a massage therapist they would have to remain celibate as for long as they were licensed, to not be in violation of law. This to most is a little unreasonable.
- It institutes written parental consent for breast massage to for a minor child and the reason for the procedure must be stated in writing.
- We included in the penalties section of the bill that therapist would be subject to title 76 of the criminal code. This is in response to the legislative analyst's legal department concerns that if an individual committed a crime that was listed in two different statutes, one as a felony and in the other a misdemeanor, they would have to be charged with the misdemeanor. There is case law precedence in Utah Supreme Court case Schindel Vs Utah. We could only imagine the backlash if this initially overlooked wording was not corrected and a case should arise.

There are a couple of things that were removed from the original bill:

- Parental consent for minors under the age of 16 was removed at the demand of one of the major schools in Utah. We are still trying to understand the rationale. AMTA has not given up on this issue.

Animal massage was removed at the demand of the veterinarian association. AMTA's position is that we can do animal massage because the law does not specifically spell out human massage. Moreover there is an exemption that we feel we fit into. However the veterinarian association and DOPL are interpreting the law differently. AMTA will approach DOPL at the next state board meeting for clarification

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